

4 Foolproof Tricks to Get Him **Begging You** to Take *Him* Back

A Special Report by
Matthew Hussey



matthew
hussey

Take a deep breath... now let out a giant sigh of relief.

Together, we're going to get your ex back – fast.

The techniques I'm about to share with you have worked for countless women already and they'll work for you, too. No matter how overwhelmed you are by your breakup, no matter how complicated your situation seems, if you follow my simple steps he will come running back to you.

The key to getting your ex back is to minimize his fears in *staying*, while amplifying his fears in *leaving*.

When you do this, you are creating a relationship utopia which makes him wonder why he ever thought of breaking up with you in the first place.

There are 4 ways you can do this...

Secret Trick#1: Don't Give Him Anything To Rebel Against

Your ex has got all of these logical reasons in his head why it's not going to work if he stays.

He won't be able to travel, he can't go out with his friends, he's lost the spontaneity in his life, he can't stay in at night and work on projects that are important to him without distraction.



In the initial part of the breakup you need to show that you are not going to fight him on doing the things he wants to do. There is a very high chance he will find these things anti-climactic in any case and will realize he has overstated the benefits of them in his own mind.

For example, let's say he used to complain about never getting to go out with his guy friends while you were together. Chances are he'll go out with his friends once, stay out way too late and drink too much, and wake up the next day feeling miserable, thinking, "I don't want to do that again for a long time."

Say to him: "Take some time to figure out what you want. I want you to have the space to do what you need." Then start to back away.

When you willingly give him the space he's asked for he not only begins to miss you, but he forgets his fears about the relationship and amplifies the his good feelings about you. This gives him time to sell himself on the relationship without being sold.

Which leads us to...

Secret Trick#2: Keep Him Off Balance

When you don't react the way he would **predict** to certain things he is doing, it will immediately throw him off.

Not only that, but by allowing him to do some of the things that he didn't get the chance to do in the relationship, you are removing some of his logical reasons for breaking up in the first place.



See, his whole case was built on him finding all of these logical reasons why he had to leave, and now you are subtly destabilizing his case.

One of the reasons he thought he couldn't be with you is now gone. This can either be *reactive* (in the sense that you stop reacting to things he is doing, like going out with the guys)...

...or *proactive* in the sense that you are doing something he wanted you to do.

For example, when my friend Glenn was dating his ex girlfriend, he often talked to her about a book that was a huge influence on him, but his girlfriend was never interested in it. One of his reasons for breaking up with her was that he felt just didn't have enough in common, and she couldn't talk to him about some of the things that were most important to him.

Then, a few weeks after they broke up, she sent Glenn a text saying, "Finally read that book and you're right – it's pretty amazing." That text completely threw him off balance and caused him to question the whole breakup.

[Win your ex back by text...](#)

[Click here for copy-and-paste scripts >>](#)

It's like yanking out a leg from the table he has built in his mind. His beliefs are no longer sturdy, so he is easily thrown off balance.



None of this is about you expending additional energy. This “emotional judo” allows you to use his existing energy to your advantage instead of fighting it.

Let's move on to Secret Trick3...

Secret Trick#3: Understand The 'Lag' Period For A Guy

There's actually never been a better time to get your ex back, and here's why: He's in what I call a “Lag Period,” which makes him susceptible to doubt, regret, and reconsidering his decision to break up with you.

Basically, the “Lag Period” is a time a guy goes through when he hasn't gotten to the enjoyment of being single...YET. This is a dark period when he's lonely and regretting being out on the singles scene.

Guess what? Things are most likely not going as he had planned since breaking up. It's not all amazing, carefree nights out and hot new women throwing themselves at him. The fantasy of being single doesn't pan out as he had envisioned, and now he's lonely.

During the “Lag Period” everyone else will pale in comparison because they can't compete with the deep connection he has with you.

Not to mention he's missing you and everything you brought to his life. He no longer has your friendship, your nurturing, or you to share his day with.



The bottom line is: He's hurting too. You may be thinking “no, he's fine. He's out with his friends all the time.”

Trust me , he isn't fine. He's going through the same pain you are, he's just trying to kid himself, as well as engaging in a Facebook PR campaign to make his life and his emotions look in better shape than they actually are.

In fact, this is a vulnerable time all around. He's just as fragile as you; he just expresses it in a different way. **And during this Lag Period you can use his weakness to your advantage.**

Here's what I want you to take away from this: The person with the strongest frame will have control of the situation. If you are strong and certain of what you want during this “Lag Period,” and show you are living, it immediately starts changing his associations.

You know what you want - to get him back - but his logic isn't fixed – he's not sure what he wants. This makes him more fragile and gives you the advantage. If he ends up miserable, he has to live with the fact that he ended it!

Secret Trick#4:
He Needs To Feel Like He's WINNING
You Back (Not Just Giving In To Your Demands)

If you're familiar with my Attraction Formula you know the importance of Perceived Challenge in a relationship. Simply put, Perceived Challenge means this: the more challenging he believes it is to attract you, the higher your value is in his eyes.



Naturally, you not being his now increases your Perceived Challenge. But not if you are trying to *convince* him to take you back.

He needs to feel that even though you love and care about him, him breaking up with you lost him credits, and he has to build up his credit again to win you back. Now he feels a sense of earning his place again.

Think of the thrill the hunter gets as he spots the prize deer off in the woods and hits his target from afar. Would the hunter get the same satisfaction if the deer ran up to him and said, “Go ahead, shoot me?” He wouldn’t even bother.

Right now your ex needs to BUY the relationship - you can't sell it to him.

There are two different kinds of brokenhearted women:

The ones who TRY to get their ex back, and the ones who actually DO.

The key to being the woman who gets her ex back is **understanding his psychology.**

I’ve created a training video called “Get Him Running Back to You” that tells you how to do just that...

In it, I reveal the **one male emotion that is so powerful, so all-consuming, that it can make a man come running back to you,** no matter how convinced you are that your relationship is over.

Think you know what it is?

You’re going to be surprised...



I'm going to tell you how to trigger this emotion in him to make him realize that he needs to be with you more than he needs to breathe...

...And hand you the 5-Step plan that will not only mend your broken relationship, but will make it happier, more passionate, more committed, and more secure than ever before.

He won't even know what hit him.

Sneaky? Maybe...

Successful? You bet...

[**Click to Watch: 'Your 5-Step Plan to Get Him Back Now'**](#)

Your coach,

- Matt xx

Continue Here...

